

# Acupuncture

**Kenku Acupuncture** is a blend of Traditional Japanese Acupuncture and modern healing practices. Kenku acupuncture is a highly efficient way of removing energy blockages in the body, stimulating the health of the vital organs, and restoring needed energy and vitality. Successive treatments increase the effectiveness of acupuncture and multiple visits commonly address most conditions. Acupuncture is great for relaxation and for treating pain, stress, depression, anxiety, insomnia, obesity, acid reflux, muscle strains, colds, flues, PMS, menstrual irregularities, menopause, geriatrics and pediatrics to name a few. -- \$120 Initial exam, consultation, and first treatment (please allow 1.5 hrs)- additional one hour treatments for \$90 or a series of eight treatments for \$600

**Facial Rejuvenation Acupuncture** is an ideal way to unwind and prevent the signs of aging by allowing the body to heal itself, naturally. This safe and non-invasive treatment increases circulation to the face, stimulates collagen production, tightens pores, and reduces acne and other skin imbalances. The needles inserted into the facial skin relax the muscles that cause wrinkles and tighten loose skin through creating small "micro injuries" that stimulate the production of collagen, therefore softening lines and preventing future wrinkles. Positive results are seen after successive treatments, most typically a series of ten weekly or semi-weekly visits. Although multiple appointments are required to achieve visible results, each visit is an opportunity to relax, calm the mind and revitalize. Explore this natural remedy to the inevitable aging process. -- \$90 for a one hour stand-alone treatment - or \$50 as an add-on to another service or a series of ten treatments for \$700

**Chinese Herbal Medicine** consists of the use of herbs, minerals and other medicinals to promote health and balance in the body. It is very effective in treating chronic illnesses that stem from chronic deficiency, aging, trauma, and stress as well as acute ailments such as flues and colds. In conjunction with acupuncture, it prolongs the effects of treatments by cultivating the proper energy flow on a daily basis. -- \$90 for a one hour initial consultation - \$60 for a 30 minute follow up visit

**Kokoro Reiki** is a combination of traditional Usui Reiki and modern energy healing practices. While resting comfortably on a table, the Reiki practitioner allows healing energy to flow from the Universal Source through the practitioner to your body and is directed to go where it can perform the necessary healing. Most people compare an hour of Reiki to several hours of rejuvenating sleep. Kokoro Reiki can be used for general relaxation, emotional balancing or to address specific physical, mental or emotional patterns. -- \$90 for a one hour stand-alone treatment - or \$50 for a 30 minute add-on to another service.